

Coffee Banana Blend

Serves 1

- 1 chopped banana
- 1/4 cup cooled coffee (double strength)
- 1/4 cup milk
- 1/4 teaspoon cinnamon
- 1/2 teaspoon sugar
- 6-8 ice cubes or crushed ice

Instructions: Combine all ingredients in a blender until mixture is cold and frothy. Sweeten to taste. Sprinkle ground cinnamon or cocoa on top for garnish.