

Cuppa Frappa

Serves 1

- 1/2 cup fresh espresso using Amber Estate coffee
- 2 1/2 cups of 2% low fat milk
- 1/4 cup of granulated sugar
- 1 tablespoon dry pectin (Certo)

Combine everything in a pitcher and stir till all the sugar dissolves. Serve it cold. Makes about 24 ounces. For a Cuppa frappa mocha add a pinch of cocoa powder or chocolate syrup before stirring.